



# AAPINA

ASIAN AMERICAN / PACIFIC ISLANDER NURSES ASSOCIATION, INC.

Organization identifying the health care needs of Asian Americans / Pacific Islanders

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### **President's Message:** *A Message from AAPINA President, Dr. Alona D. Angosta*



In just a few months, our very first international joint conference with the Taiwan Nurses Association (TWNA) will launch. The conference theme reinforces key messages about the changes in research, education, and practice that impact nursing locally and globally. We have national and internationally well-known guests who will serve as keynote speakers covering a wide range of innovative topics. We have over 83 abstracts for podium and poster presentations. I would like to offer a special thanks to our conference chair, Dr. Young-Shin Lee, who has been working tirelessly to make this event come to fruition. Although I will not be there physically, our President-Elect, Dr. Eun-Ok Im, will lead the organization in my absence.

I would like to take a moment to share a few noteworthy items. Our partnership with the Future of Nursing Campaign for Action is going well. Our first webinar will be held this coming July, discussing efforts in promoting a Culture of Health in Asian Pacific Islanders. This initiative will also support AAPINA's objective with regard to increasing visibility with other national and international organizations and stakeholders. We have also started our collaborative relationship with the AACN's Graduate Nursing Student Academy which will provide our students with the opportunity to connect with others and to learn more about leadership development, policy engagement, and career networking. As I mentioned in our previous newsletter, the National Coalition of Ethnic Minority Nurse Associations (NCEMNA) first summit was a success. Several nationally recognized nurses from different minority associations attended the summit. As one of the panel

speakers, I shared AAPINA’s mission and strategic goals, challenges we have faced, and discussed how NCEMNA and other minority nursing organizations can play a role in helping us achieve our strategic goals.

Our API journal is also going well. Please read the exciting update about the journal. Thanks to Dr. Jillian Inouye for serving as our Editor-in-Chief. With regard to our chapters’ initiatives, here are the highlights. The AAPINA NV chapter has its own weekly radio show titled Health Mondays with AAPINA of NV. The chapter has also been involved with community outreach through health fairs and other activities supported by the Asian Community Development Council. The Hawaii chapter held fundraising events and community outreach to help increase membership. The North Carolina chapter focuses on building a community and regular mentoring events. A special thanks to our chapter officers for all the hard work and efforts!

I am grateful to serve as your president. I appreciate all you do and wish you all a wonderful summer!

Sincerely,

Dr. Alona D. Angosta, PhD, APRN, FNP-C

President, AAPINA (Jan. 1, 2018 - Dec. 31, 2019)

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## **From THE EDITOR’ DESK**

**Co-Editors: Yu-Ping Chang, PhD, RN, FGSA, FAAN and Melen McBride, PhD, RN, FGSA**

We hope you all are enjoying the wonderful summer!

This issue provides timely information regarding our aging population such as the Administration for Community Living’s 2019 Older Americans Month theme of Champion the Three “Cs” (Connect, Create, and Contribute) as well as stunning information on the increasing number of grandparents in the workforce. Dr. Jillian Inouye shares great news with us about our Asian Pacific Island Nursing (APIN) journal being indexed in PubMed Central along with EBSCO, SCOPUS, and DOAJ. We also want to remind our members to join our upcoming AAPINA annual conference on Aug 16-17, 2019 in Taiwan. This will be an exciting international event held in collaboration with the Taiwan Nurses Association.

Finally, we celebrate many successes of our AAPINA members!!

***Have a fantastic summer!***



*Yu-Ping and Melen*

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## GERO SECTION:

### MAY 2019 - OLDER AMERICANS MONTH - *CONNECT, CREATE, CONTRIBUTE* *Champion the Three “Cs”!!*

The Administration of Community Living (ACL) has selected the theme of “Connect, Create, Contribute” – increasing relevance for the May 2019 Older Americans Month – a concept that speaks to the prevention of social isolation and loneliness in older adults.

The “Connect, Create, Contribute” initiative outlines the myriad of steps that older people can and should take to remain vital members of society.

The ACL urges elders to “**Connect** with friends, family and services that support participation,” “**Create** by engaging in activities that promote learning, health, and personal enrichment, “ and “**Contribute** time, talent and life experience to benefit others.” The American Society on Aging wholeheartedly agrees with the ACL's positive messaging, asserting that communities are stronger when they encourage the contribution of older adults, and actively appreciate the key roles that elders can play in American society and culture.

To find ideas about activities and ways to get involved go to [acl.gov/oam/2019/activities](http://acl.gov/oam/2019/activities).

Source: Aging Today, May - June 2019, volume xl, number 3, p. 15

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## RESOURCES SECTION

### 1. Supplemental Security Income Laws, 1996–2018

The federal Supplemental Security Income (SSI) program assists low-income individuals who are living with a disability or who are 65 years old or older. LawAtlas, in partnership with CDC’s Division of Human Development and Disability, has released two maps about supplemental income laws for children with disabilities.

\* Federal Supplemental Security Income for Children with Disabilities. This page identifies and displays key features of the federal SSI program that were in effect beginning January 1, 1996, and November 1, 2018, for children with disabilities. <http://lawatlas.org/datasets/supplemental-security-income-for-children-with-disabilities-1540845067>

\* State Supplemental Payments for Children with Disabilities. This map identifies and displays key features of state-level supplemental security payment laws for children with disabilities across all 50 states and the District of Columbia in effect January 1, 1996, to November 1, 2018. <http://lawatlas.org/datasets/supplemental-security-income-for-children-with-disabilities>

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## 2. New AARP research on grandparents depicts changing landscape

Results for the AARPP's "Grandparents Today National Survey," highlights the latest trends among grandparents in the US. Since 2001, the number of grandparents have grown by 25% from 50 million to 70 million.

Grandparents spend an average \$2,562 annually on their grandchildren, totaling about \$179 billion dollars per year. The youngest grandparent is about 38 years old, with 50 being the average age for becoming a first time grandparent. On the average, they have 4-5 grandchildren, down from 6-7 in 2011. The number of grandparents in the workforce has increased in the past seven years, with 40% of grandparents currently employed, up from 24% in 2011. The full report is available at [www.aarp.org/grandparentstudy](http://www.aarp.org/grandparentstudy).

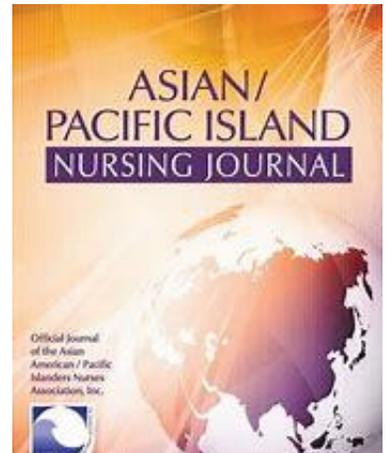
Source: Gerontology News, May 2019, New Resources section, page 8.

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## **ART AND SCIENCE OF NURSING: Letter from the Editor of APIN Journal**

**Jillian Inouye, PhD, FAAN, Editor-in-Chief,**  
**[Asian Pacific Island Nursing Journal](#)**

Aloha from your official Journal! As you have heard, our fledging journal was recently accepted to be indexed in PubMed Central along with EBSCO, SCOPUS, and DOAJ! As a relatively new journal it took a lot of hard work by many people, but especially our distributor, UH Press, led by Pamela Wilson. We are so pleased to offer you this distinction.



We now are under managing director, Donovan Colleps, who recently took over Ms. Wilson's role. We also have a new Associate Editor, Dr. Patricia Alpert who will assist the Editor and I welcome her enthusiastically. As per the standard of having a diverse and disperse editorial board from different locales, we constantly need members to assist with recruitment, submissions, reviews, and decision making. We have revolving terms and I thank the board for their hard work. Several have served as special edition guest editors (Drs. Kataoka-Yahiro, Im, and Serafica, and the new call for Education by Dr. Alpert) and have done an outstanding job. Our next board meeting will be held at our annual conference in Taiwan in August this year. I hope to see a lot of you there.

Volume 4, Issue 2 will soon be published, and we will be publishing conference abstracts as usual. However, due to the volume of submissions, the Board of Directors of AAPINA, as publishers of the journal, is contemplating Author Processing Charges for non-members.

In the past 90 days we have been accessed by 251 institutions from 83 different countries.

The most popular papers this past month were:

\*The relationship of religion, religiosity, and parental communication in the sexual behaviors of Filipinos aged 18-25 years in the United States and the Philippines (71 downloads)  
<https://digitalscholarship.unlv.edu/apin/vol2/iss4/1>

\*The lived experience of Pacific Island women with a “big body” size (40 downloads)  
<https://digitalscholarship.unlv.edu/apin/vol1/iss2/6>

\*Metabolic syndrome: Differences for Asian Americans is in their percentage of body fat (28 downloads) <https://digitalscholarship.unlv.edu/apin/vol1/iss3/2>

Please visit our website <https://kahualike.manoa.hawaii.edu/apin/> to view articles and to submit manuscripts. Your involvement highlights Asian/Pacific health needs, nursing practices and education, as well as our organization. Thank you for your support.

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**AAPINA CONFERENCE: Register Today!!** <http://2019aapinatwna.esappdiy.com/>



**2019 AAPINA and TWNA Joint International Conference**

*Theme: Changes in Nursing Research, Education, and Practice: From Local to Global*

Click [here](#) to find the conference program

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## **MEMBERS' NEWS**

**Hyunhwa "Henna" Lee**, Ph.D., MSN, APRN, PMHNP-BC, Assistant Professor at the University of Nevada, Las Vegas, School of Nursing. Email: [hyunhwa.lee@unlv.edu](mailto:hyunhwa.lee@unlv.edu)

Dr. Lee is a recipient of the 2019 American Psychiatric Nurses Association (APNA) Research Grant (<https://www.apna.org/i4a/pages/index.cfm?pageID=3876>) for her research project, “Epigenetic Effects of Preinjury Adversity on Functional Disparities after Mild Traumatic Brain Injury in Asian and Pacific Islanders”. In this study, she will identify peripheral epigenetic markers (blood and salivary) and objective functional

measures (saccadic eye movements, walking balance, stabilometer balance, and cognitive battery) for mild traumatic brain injury (mTBI) in Asians and Pacific Islanders (APIs), who have shown worse long-term post-injury deficits.

She also provided a podium presentation on the new real-time mobile health (mHealth) system to measure walking balance at the 1st Inaugural AAPINA of Nevada Conference (April 12-15, 2019). The paper was published in the Asian / Pacific Nursing Journal (<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6484150/>; <https://kahualike.manoa.hawaii.edu/apin/vol3/iss4/7/>).

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**Angelina Nguyen, PhD, RN, CNE**, Assistant Professor at Baylor University Louise Herrington School of Nursing. Email: [lina@email.arizona.edu](mailto:lina@email.arizona.edu)

Dr. Nguyen recently completed her PhD program at the University of Arizona. She received the Mary Opal Wolanin Dissertation Award for her project entitled, "A Mixed Methods Approach to Investigate Risk Perception of Developing Diabetes in Vietnamese Americans with Prediabetes". She will begin her tenure-track position at Baylor University in August 2019.

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**Hsiu-Hung Wang, PhD, RN, FAAN**, Professor at the College of Nursing, Kaohsiung Medical University, Taiwan and President, Taiwan Nurses Association. Email: [hhwang@kmu.edu.tw](mailto:hhwang@kmu.edu.tw)

Dr. Wang was selected as the recipient of the 2019 Mary Tolle Wright Founders Award for Excellence in Leadership, Sigma and will be honored on the 18th of November, 2019 in Washington DC.

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**Junko Imaiso, PhD, RN, PHN**, Professor at Kansai University of Social Welfare, School of Nursing. Email: [imaiso@kusw.ac.jp](mailto:imaiso@kusw.ac.jp)

Dr. Imaiso became Professor at Kansai University of Social Welfare in April, 2019. She is involved in community and home health nursing at both undergraduate and graduate levels. She continues thinking globally and acting locally through conducting research based on communities.

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**Marife Aczon-Armstrong, PhD, MSN, MSCP, RN-BC**, Assistant Professor at Roseman University College of Nursing. Email: [maczon-armstrong@roseman.edu](mailto:maczon-armstrong@roseman.edu)

Dr. Aczon-Armstrong and her team of nursing students and faculty from Roseman University College of Nursing went on a 12-day healthcare mission trip to Uganda, Africa. The team provided free medical care, medications, treatments, equipment and supplies to approximately 800 people in Natete, a slum area in the heart of Kampala, the capital city of Uganda and approximately 300 people, men, women and children in Bugembe, Jinja. A tour of two hospitals (Butabika Referral Mental Health Hospital and Mengo Hospital) in Kampala, Uganda was also included to give the team members an insight into healthcare operations and services in a developing country in comparison to the U.S. Engaging students in service learning experience helps them to develop their awareness of civic responsibility and improve cultural competence.



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**Vivian Wong**, PhD, RN, CNS, CWON, Professor at the Valley Foundation School of Nursing and Program Director of the Wound & Ostomy Education Program, San José State University. Email: [vivian.wong@sjsu.edu](mailto:vivian.wong@sjsu.edu)

Dr. Wong has opened a free ostomy clinic at San Jose State University campus to see clients who have issues with their stomas/pouching systems free of charge. The clinic is open most Friday afternoons and by appointment (tel:408-924-3422) only.

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**Eun-Ok Im**, PhD, MPH, RN, CNS, FAAN, Associate Dean for Research Development and Regulatory affairs, Professor & Mary T. Champagne Professor at Duke University School of Nursing  
Email: [eun-ok.im@duke.edu](mailto:eun-ok.im@duke.edu)

Dr. Eun-OK Im was one of the 2019 NIH NINR Director's lecturers in April, 2019. Here is the website.  
<https://www.ninr.nih.gov/newsandinformation/events/im-lecture>

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**Rowena T. Bermundo**, DNP, MN, RN, Assistant Professor at Roseman University of Health Sciences, College of Nursing. Email: [rbermundo@roseman.edu](mailto:rbermundo@roseman.edu)

Dr. Rowena T. Bermundo completed her Doctor of Nursing Practice degree at American Sentinel University. The title of her research project is "Use of SHARP Tool During the Post-Simulation Debriefing." Dr. Bermundo is a founding member of the AAPINA of NV.

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**Reimund Serafica**, Ph.D., MSN, RN, Assistant Professor at the University of Nevada, Las Vegas, School of Nursing. Email: [reimund.serafica@unlv.edu](mailto:reimund.serafica@unlv.edu)

Rei Serafica (University of Nevada, Las Vegas, Assistant Professor, and President-elect of AAPINA of Nevada) recently was appointed to serve as an associate editor of the *Journal of Transcultural Nursing* (JTCN). JTCN is a peer-reviewed journal that offers nurses, educators, researchers, and practitioners theoretical approaches and current research findings that have direct implications for the delivery of culturally congruent health care and for the preparation of health care professionals who will provide that care. JTCN is at the forefront of promoting the creation of standards for transcultural nursing practice, professional competency, and clinical practices. Transcultural nursing is a distinct nursing specialty that focuses on global cultures and comparative cultural caring, health, and nursing phenomena.

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**CONGRATULATIONS!**

